

NASHVILLE AQUATIC CLUB

Family Volunteer Commitment

2009 – 2010 Season

NAC HOSTED SWIM MEETS – Session Work Requirements. If you have a swimmer participating in the swim meets listed below, you are required to work the number of sessions indicated. Each session is worth 75 points. Families who have swimmers participating in all NAC hosted meets will easily achieve the 2009-10 Volunteer Commitment.

❖ October Open	2 out of 5 sessions required
❖ Music City Invitational	3 out of 6 sessions required
❖ TN State High School Championship	2 out of 4 sessions required
❖ SC Southeastern Champ	4 out of 7 sessions required
❖ Summer Sizzler (TBD)	4 out of 9 sessions required
❖ LC Southeastern Champ (TBD)	Sessions TBD

Session sign up is done online through the SuperMeets volunteer tracking site. You can access this site through the NAC website www.swimnac.com approximately 3 weeks prior to each meet. Unmet session work requirements will be billed to your NAC account at \$75 per unmet session per meet. When circumstances prevent your family from working its session(s), please contact the volunteer coordinator listed on the meet page.

As several of the NAC hosted meets have qualifying times, some of our younger swimmers will not be eligible to swim in these meets. In order to earn your points, you should sign up to bring in food items or work at any of the meets during the year. 1-2 food items per meet will satisfy your volunteer commitment for the year! **Food Items cannot be used in place of work session requirement if you have a swimmer in the meet unless given permission by volunteer coordinator.**

Unmet VOLUNTEER POINTS are billed at \$1 per point in August each year. It is never NAC's intention to bill for these points. As it requires approximately 240 volunteers and lots of food to run a meet we need you to volunteer!

2009-10 FAMILY VOLUNTEER POINT REQUIREMENT
(Based on most advanced swimmer)

BLUE, SENIOR 1, 2, 3	1000 POINTS
RED & WHITE	500 POINTS

½ POINT COMMITMENT FOR SINGLE PARENT FAMILY