

## Nashville Aquatic Club

### RECORDS NAC Team Records

#### LC Meters-Women

8 & U	50 Free	35.55	<b>1-Jan-80</b>	NAC SE	Lisa Jewell	
	100 Free	1:19.57	<b>1-Jan-80</b>	NAC SE	Lisa Jewell	
	50 Back	41.88	<b>1-Jan-80</b>	NAC SE	Lisa Jewell	
	50 Breast	46.13	<b>23-Jul-09</b>	NAC SE	Youli Yao at 2009 SE LC Southeastern Championships	
	50 Fly	38.43	<b>1-Jan-80</b>	NAC SE	Lisa Jewell	
	200 Free Relay	2:46.06	<b>24-Apr-09</b>	NAC SE	Nashville Aquatic Club C. Garcia, M. Chapman, Y. Yao, O. Pilkinton	
	200 Medley Relay	3:21.87	<b>27-May-05</b>	NAC SE	Nashville Aquatic Club S. Staats, S. Jackson, S. Pilkinton, J. Turney	
10 & U	50 Free	30.04	<b>1-Jan-82</b>	NAC SE	Gwen Clark	
	100 Free	1:05.42	<b>1-Jan-82</b>	NAC SE	Gwen Clark	
	200 Free	2:21.67	<b>1-Jan-82</b>	NAC SE	Gwen Clark	
	400 Free	5:06.92	<b>23-Jul-09</b>	NAC SE	Erika Giuse at 2009 SE LC Southeastern Championships	
	50 Back	34.35	<b>1-Jan-81</b>	NAC SE	Hollie Morgan	
	100 Back	1:14.57	<b>26-Jun-09</b>	NAC SE	Erika Giuse at 2009 SE NAC Summer Sizzler	
	50 Breast	37.12	<b>23-Jul-09</b>	NAC SE	Annie Kyriakidis at 2009 SE LC Southeastern Championships	
	100 Breast	1:19.61	<b>23-Jul-09</b>	NAC SE	Annie Kyriakidis at 2009 SE LC Southeastern Championships	
	50 Fly	31.36	<b>23-Jul-09</b>	NAC SE	Annie Kyriakidis at 2009 SE LC Southeastern Championships	
	100 Fly	1:14.11	<b>1-Jan-81</b>	NAC SE	Christy Campbell	
	200 IM	2:40.82	<b>1-Jan-94</b>	NAC SE	Amanda Larence	
	200 Free Relay	2:11.40	<b>1-Jan-93</b>	NAC SE	Missy Perryman, Lauren Sikes, Lucy Cox, Evins Cameron	
	200 Medley Relay	2:29.52	<b>1-Jan-93</b>	NAC SE	Missy Perryman, Amanda Larence, Lauren Sikes, Evins Cameron	
11-12	50 Free	27.97	<b>28-Jul-09</b>	NAC SE	Sophie Pilkinton at 2009 SZ Age Group Championships	
	100 Free	1:01.22	<b>29-Jul-08</b>	NAC SE	Riley Frost	
	200 Free	2:12.90	* <b>1-Jan-04</b>	NAC SE	Grace Anne Sanderson	
	200 Free	2:12.90	* <b>1-Jan-00</b>	NAC SE	Sarah Peterson	
	400 Free	4:29.90	<b>1-Jan-95</b>	NAC SE	Briley Bergen	
	800 Free	9:11.42	<b>1-Jan-95</b>	NAC SE	Briley Bergen	
	1500 Free	17:29.17	<b>1-Jan-95</b>	NAC SE	Briley Bergen	
	50 Back	32.75	<b>1-Jan-83</b>	NAC SE	Hollie Morgan	
	100 Back	1:08.75	<b>1-Jan-77</b>	NAC SE	Rae Gregg	
	200 Back	2:40.55	<b>4-May-07</b>	NAC SE	Anna Grainger	
	50 Breast	35.56	<b>1-Jan-96</b>	NAC SE	Amanda Larence	
	100 Breast	1:14.94	<b>1-Jan-96</b>	NAC SE	Amanda Larence	
	200 Breast	2:46.36	<b>7-Jun-96</b>	NAC SE	Amanda Larence at 1996 Ultra Swim	
	50 Fly	30.39	<b>1-Jan-83</b>	NAC SE	Christy Campbell	
	100 Fly	1:07.27	<b>1-Jan-76</b>	NAC SE	Macie Phillips	
	200 Fly	2:40.40	<b>30-Apr-04</b>	NAC SE	Malorie McBride	
	200 IM	2:27.48	<b>1-Jan-76</b>	NAC SE	Tracey Caulkins	
	400 IM	5:09.81	<b>25-Jul-96</b>	NAC SE	Amanda Larence	
	200 Free Relay	1:57.42	<b>31-Jul-95</b>	NAC SE	Amanda Larence, Missy Perryman, Lauren Sikes, Evins Cameron	
	400 Free Relay	4:24.81	<b>1-Jan-80</b>	NAC SE	Kristin Carr, Kim Gilbert, Andrea Parish, Missy Grant	
	200 Medley Relay	2:11.24	<b>23-Jul-09</b>	NAC SE	Nashville Aquatic Club K. Kemp, E. Blackwood, A. Dimmick, S. Pilkinton	
	400 Medley Relay	4:56.12	<b>1-Jan-76</b>	NAC SE	L. Grant, Claire Sanders, Macie Phillips, Kim Risser	
	13-14	50 Free	27.49	<b>25-Jul-02</b>	NAC SE	Sarah Peterson
		100 Free	58.98	<b>1-Jan-94</b>	NAC SE	Ashley Whitney
		200 Free	2:03.52	<b>1-Jan-94</b>	NAC SE	Ashley Whitney
400 Free		4:21.20	<b>1-Jan-94</b>	NAC SE	Ashley Whitney	

## Nashville Aquatic Club

### RECORDS NAC Team Records

13-14	800 Free	8:56.85	<b>26-Jul-01</b>	NAC SE	Lindsay McIlvain
	1500 Free	16:51.54	<b>1-Jan-01</b>	NAC SE	Lindsay McIlvain
	100 Back	1:04.58	<b>1-Jan-83</b>	NAC SE	Jennifer Lowe
	200 Back	2:18.52	<b>1-Jan-83</b>	NAC SE	Jennifer Lowe
	100 Breast	1:12.56	<b>13-Jul-06</b>	NAC SE	Caroline Reeves
	200 Breast	2:37.28	<b>1-Jan-77</b>	NAC SE	Tracey Caulkins
	100 Fly	1:02.55	<b>1-Jan-79</b>	NAC SE	Patty King
	200 Fly	2:12.30	<b>1-Jan-77</b>	NAC SE	Tracey Caulkins
	200 IM	2:18.55	<b>1-Jan-77</b>	NAC SE	Tracey Caulkins
	400 IM	4:48.93	<b>1-Jan-77</b>	NAC SE	Tracey Caulkins
	200 Free Relay	1:57.83	<b>28-May-04</b>	NAC SE	S. Williams, K. Angell, E. Kajer, M. Garrett
	400 Free Relay	4:06.45	<b>23-Jun-06</b>	NAC SE	D. Jones, R. Senn, S. Pringle, G. Sanderson
	800 Free Relay	9:11.81	<b>1-Jan-81</b>	NAC SE	No Relay Names Given
	200 Medley Relay	2:11.18	<b>1-Jan-77</b>	NAC SE	S. McBryde, Claire Sanders, Tracey Caulkins, Alice Irvin
	400 Medley Relay	4:38.30	<b>23-Jun-06</b>	NAC SE	R. Senn, C. Reeves, E. Phillips, D. Jones
	Senior	50 Free	26.62	<b>10-Aug-09</b>	NAC SE
100 Free		56.57	<b>1-Jan-78</b>	NAC SE	Tracey Caulkins
200 Free		2:01.04	<b>1-Jan-81</b>	NAC SE	Tracey Caulkins
400 Free		4:13.88	<b>1-Jan-78</b>	NAC SE	Kathy Trieble
800 Free		8:41.94	<b>1-Jan-80</b>	NAC SE	Michelle Ford
1500 Free		16:18.47	<b>1-Jan-80</b>	NAC SE	Michelle Ford
100 Back		1:01.85	<b>29-Jun-08</b>	NAC SE	Samantha Vanderbilt
200 Back		2:15.15	<b>1-Jan-82</b>	NAC SE	Tracey Caulkins
100 Breast		1:09.52	<b>1-Jan-81</b>	NAC SE	Tracey Caulkins
200 Breast		2:32.43	<b>1-Jan-81</b>	NAC SE	Tracey Caulkins
100 Fly		59.58	<b>1-Jan-80</b>	NAC SE	Tracey Caulkins
200 Fly		2:09.87	<b>1-Jan-78</b>	NAC SE	Tracey Caulkins
200 IM		2:12.64	<b>1-Jan-84</b>	NAC SE	Tracey Caulkins
400 IM		4:39.24	<b>1-Jan-84</b>	NAC SE	Tracey Caulkins
200 Free Relay		1:53.16	<b>25-Apr-03</b>	NAC SE	J. Martin-Lacey, S. Shapiro, L. McIlvain, S. Peter
400 Free Relay		3:50.52	<b>1-Jan-79</b>	NAC SE	Tracey Caulkins, Amy Caulkins, Rosemary Brown, Andrea Cross
800 Free Relay		8:16.59	<b>1-Jan-81</b>	NAC SE	Tracey Caulkins, Patty King, Macie Phillips, Amy Caulkins
200 Medley Relay		2:05.82	<b>4-May-07</b>	NAC SE	M. Killian, C. Reeves, M. Garrett, K. Angell
400 Medley Relay		4:15.15	<b>1-Jan-78</b>	NAC SE	Joan Pennington, Tracey Caulkins, Karinne Miller, Jane Girard

## Nashville Aquatic Club

### RECORDS NAC Team Records

#### LC Meters-Men

8 & U	50 Free	32.52	<b>19-Jul-07</b>	NAC SE	Jackson DeFore at 2007 SE Southeastern LC Championships	
	100 Free	1:16.22	<b>1-Jan-81</b>	NAC SE	Tommy Forbes	
	50 Back	38.32	<b>19-Jul-07</b>	NAC SE	Jackson DeFore at 2007 SE Southeastern LC Championships	
	50 Breast	44.11	<b>28-May-04</b>	UN SE	Alex Goss at 2004 XCEL Stars & Stripes Meet	
	50 Fly	39.99	<b>19-Jul-07</b>	NAC SE	Jackson DeFore at 2007 SE Southeastern LC Championships	
	200 Free Relay	2:45.62	<b>27-May-05</b>	NAC SE	Nashville Aquatic Club W. Jones, R. Hinson, M. Poe, C. Dobbs	
	200 Medley Relay	2:58.51	<b>27-May-05</b>	NAC SE	Nashville Aquatic Club W. Jones, M. Poe, C. Dobbs, R. Hinson	
10 & U	50 Free	29.01	<b>23-Jul-09</b>	NAC SE	Jackson DeFore at 2009 SE LC Southeastern Championships	
	100 Free	1:02.52	<b>23-Jul-09</b>	NAC SE	Jackson DeFore at 2009 SE LC Southeastern Championships	
	200 Free	2:15.01	<b>23-Jul-09</b>	NAC SE	Jackson DeFore at 2009 SE LC Southeastern Championships	
	400 Free	4:59.48	<b>29-May-09</b>	NAC SE	Jackson DeFore at 2009 SE Stars & Stripes Open	
	50 Back	33.23	<b>23-Jul-09</b>	NAC SE	Jackson DeFore at 2009 SE LC Southeastern Championships	
	100 Back	1:12.34	<b>23-Jul-09</b>	NAC SE	Jackson DeFore at 2009 SE LC Southeastern Championships	
	50 Breast	38.39	<b>26-May-06</b>	NAC SE	Alex Goss at 2006 SE Stars and Stripes Meet	
	100 Breast	1:22.68	<b>26-May-06</b>	NAC SE	Alex Goss at 2006 SE Stars and Stripes Meet	
	50 Fly	31.97	<b>1-Jan-81</b>	NAC SE	Chas Morton	
	100 Fly	1:09.67	<b>23-Jul-09</b>	NAC SE	Jackson DeFore at 2009 SE LC Southeastern Championships	
	200 IM	2:38.72	<b>25-Jun-09</b>	NAC SE	Jackson DeFore at SPEEDO International Age Group Invitational	
	200 Free Relay	2:06.78	<b>1-Jan-82</b>	NAC SE	No Relay Names Given	
	200 Medley Relay	2:22.52	<b>1-Jan-81</b>	NAC SE	D. Brown, Scott Cotton, Chas Morton, Tom DeJarnette	
	11-12	50 Free	26.69	<b>1-Jan-83</b>	NAC SE	Chas Morton
100 Free		59.05	<b>1-Jan-83</b>	NAC SE	Chas Morton	
200 Free		2:08.39	<b>1-Jan-83</b>	NAC SE	Chas Morton	
400 Free		4:28.65	<b>1-Jan-83</b>	NAC SE	Chas Morton	
800 Free		9:46.29	<b>29-Jul-04</b>	NAC SE	Parker Camp at 2004 Southeastern LCM Championships	
1500 Free		9:46.29	<b>1-Jan-08</b>	NAC SE	Alex Goss	
50 Back		29.88	<b>1-Jan-83</b>	NAC SE	Chas Morton	
100 Back		1:06.11	<b>1-Jan-83</b>	NAC SE	Chas Morton	
200 Back		2:22.51	<b>1-Jan-83</b>	NAC SE	Chas Morton	
50 Breast		35.52	<b>1-Jan-83</b>	NAC SE	Chas Morton	
100 Breast		1:16.92	<b>1-Jan-83</b>	NAC SE	Chas Morton	
200 Breast		2:47.45	<b>11-Apr-08</b>	NAC SE	Alex Goss at 2008 SE XCEL Spring Fling	
50 Fly		27.43	<b>1-Jan-83</b>	NAC SE	Chas Morton	
100 Fly		58.74	<b>1-Jan-83</b>	NAC SE	Chas Morton	
200 Fly		2:28.06	<b>25-Jun-04</b>	UN SE	Dakota Hodgson at 2004 NAC Summer Sizzler Meet	
200 IM		2:15.42	<b>1-Jan-83</b>	NAC SE	Chas Morton	
400 IM		5:01.51	<b>1-Jan-83</b>	NAC SE	Chas Morton	
200 Free Relay		1:52.96	<b>1-Jan-83</b>	NAC SE	Nashville Aquatic Club Chas Morton, Erik Martin, Tom DeJarnette, Scott Cotton	
400 Free Relay		4:12.43	<b>1-Jan-83</b>	NAC SE	No Relay Name Given	
200 Medley Relay		2:11.40	<b>31-Jul-75</b>	NAC SE	Tom DeJarnette, Erik Martin, Chas Morton, Scott Cotton	
400 Medley Relay		4:39.96	<b>1-Jan-83</b>	NAC SE	No Relay Names Given	
13-14		50 Free	25.46	<b>1-Jan-85</b>	NAC SE	Adrian Cameron
		100 Free	55.07	<b>1-Jan-99</b>	NAC SE	Lee Houchin
	200 Free	1:59.35	<b>15-Jul-99</b>	NAC SE	Lee Houchin at 1999 Senior Region 3 Meet (LCM)	
	400 Free	4:10.06	<b>1-Jan-93</b>	NAC SE	Jeremy Kane	
	800 Free	8:25.91	<b>1-Jan-93</b>	NAC SE	Jeremy Kane	

## Nashville Aquatic Club

### RECORDS NAC Team Records

13-14	1500 Free	16:08.86	<b>1-Jan-93</b>	NAC SE	Jeremy Kane
	100 Back	1:01.51	<b>15-Jul-99</b>	NAC SE	Lee Houchin at 1999 Senior Region 3 Meet (LCM)
	200 Back	2:11.62	<b>1-Jan-93</b>	NAC SE	Jeremy Kane
	100 Breast	1:10.61	<b>22-Jun-07</b>	NAC SE	Chase Lovelace at 2007 SE NAC Summer Sizzler
	200 Breast	2:30.74	<b>31-Jul-07</b>	NAC SE	Chase Lovelace at 2007 UH Southern Zone Age Group Championships
	100 Fly	56.34	<b>1-Jan-86</b>	NAC SE	Chas Morton
	200 Fly	2:07.67	<b>1-Jan-85</b>	NAC SE	Chas Morton
	200 IM	2:09.04	<b>1-Jan-85</b>	NAC SE	Chas Morton
	400 IM	4:31.81	<b>1-Jan-85</b>	NAC SE	Chas Morton
	200 Free Relay	1:48.43	<b>23-May-08</b>	NAC SE	Nashville Aquatic Club A. Dobbs, A. Cornett, N. Stinson, P. Davis
	400 Free Relay	3:49.43	<b>1-Jul-04</b>	NAC SE	Taylor Miely, Hayes Johnson, Jackson Wilcox, Chirs Housden
	200 Medley Relay	2:01.40	<b>24-Apr-09</b>	NAC SE	Nashville Aquatic Club
	400 Medley Relay	4:12.57	<b>23-Jul-09</b>	NAC SE	Nashville Aquatic Club T. Curtiss, J. Goss, R. Boyd, P. Fossee
	Senior	50 Free	23.13	<b>29-Jun-08</b>	NAC SE
100 Free		50.65	<b>29-Jun-08</b>	NAC SE	Joey Schneider at 2008 U.S. Olympic Team Trials - Swimming
200 Free		1:48.79	<b>29-Jun-08</b>	NAC SE	Shaun Phillips at 2008 U.S. Olympic Team Trials - Swimming
400 Free		3:51.77	<b>1-Aug-06</b>	NAC SE	Shaun Phillips at 2006 ConocoPhillips National Championships
800 Free		7:57.09	<b>25-Jul-09</b>	NAC SE	Jackson Wilcox at World Championships
1500 Free		15:09.66	<b>25-Jul-09</b>	NAC SE	Jackson Wilcox at World Championships
100 Back		55.62	<b>23-Jul-09</b>	NAC SE	Alan Maher at 2009 SE LC Southeastern Championships
200 Back		1:59.47	<b>7-Jul-09</b>	NAC SE	Hayes Johnson at ConocoPhillips National Champi
100 Breast		1:00.60	<b>4-Aug-09</b>	NAC SE	Curtis Lovelace at 2009 U. S. Open
200 Breast		2:10.38	<b>4-Aug-09</b>	NAC SE	Curtis Lovelace at 2009 U. S. Open
100 Fly		53.39	<b>4-Aug-09</b>	NAC SE	Andrew Mitchell at 2009 U. S. Open
200 Fly		2:00.47	<b>26-Jun-09</b>	NAC SE	Dakota Hodgson at 2009 SE NAC Summer Sizzler
200 IM		2:02.09	<b>7-Jul-09</b>	NAC SE	Andrew Mitchell at ConocoPhillips National Champi
400 IM		4:23.07	<b>23-Jul-09</b>	NAC SE	Hayes Johnson at 2009 SE LC Southeastern Championships
200 Free Relay		1:39.20	<b>29-May-09</b>	NAC SE	Nashville Aquatic Club
400 Free Relay		3:28.76	<b>1-Jan-79</b>	NAC SE	Mark Tonelli, Bob Bugg, Bill Stafford, Mike Upham
800 Free Relay		7:34.31	<b>5-Aug-03</b>	NAC SE	Nashville Aquatic Club J. Schneider, C. Kellam, L. Houchin, S. Phillips
200 Medley Relay		1:49.95	<b>29-May-09</b>	NAC SE	Nashville Aquatic Club
400 Medley Relay		3:49.19	<b>17-Jul-08</b>	NAC SE	Nashville Aquatic Club A. Maher, R. Lovelace, D. Hodgson, J. Wilcox